

PATCHWORK GARDEN NEWS

ZOOM

Check your Sunday email and follow the ZOOM instructions for meeting on Mondays at 6:30. Join us for the latest updates, Show & Tell, Bernie's sew along, Sewing room tours, Giveaways, Games & so much more!

August 2020

Important dates for the month:

Sep. 7 – Karen's bears

Sept 14 – Open Sew

Sept 21-Final step for Bernie's quilt a long

Sept 28 – Business mtg.



Hello All,

I don't usually get on my soap box that often but I am going to today! (Bear with me)

I have terrible teeth. Every time I walk into the dental office I swear I hear "Cha Ching" and when I leave the dentist is eyeing up a new car. My recent visit is going to cost me! Sometimes I wonder why I don't just pull them all out! Get dentures! Be over & done with this teeth crap! Eat baby food for the rest of my life! Then I start to think I will miss steak so the denture thinking comes to a grinding halt. (get it grinding?) My next thought with anything I have to spend money on that I don't want to spend money on is "How much fabric can I buy with that money?" Am I the only quilt who does this? I think not! I mentally calculate the price of a yard of fabric & divide the amount I have to spend buy to come out the number of yards I could have.

Y is yard of fabric

\$ is the amount I have to pay out

is the yards I could buy.

Formula: $\$/Y=\#$

This is not a scientific equation but a "Bernie Equation". So my "teeth" equation is this:

$\$12/\$3,500=291.66$ YARDS OF FABRIC!!!!!! I need that fabric! Never mind if I get fabric on sale!

UGH! Off to the darn dentist I go!!!!!! Please make sure you notice my ability to chew next time I see you!

Your editor & Chief, Bernadette

QUILTER OF THE MONTH

An exclusive in depth interview from Anne Marie P. (No one cried during the interview)

Beth Cross

Village: Pennecamp

Home State: Missouri

Started Quilting: 2013

A Villager since: 2014

- ◆ Do you have a favorite line? No favorites but I like Moda and Kaffe (free Spirit)
- ◆ What is your current project? Tilt quilt a gift from my sister in Connecticut. I hate it & would give her \$50 to take it back!
- ◆ What has been your favorite project? A critter that I trapunto
- ◆ Do you have a favorite project that is “out of the box” from what you usually do? The Tilt quilt
- ◆ Do you do your own quilting? Sometimes I free motion quilt.
- ◆ If you did a quilting trip where would you go? Twin Sister, Or.
- ◆ Fun Tidbit: I collect more fabric than I will ever use.



CHAPTER HAPPENINGS

**Karen's
Bears**

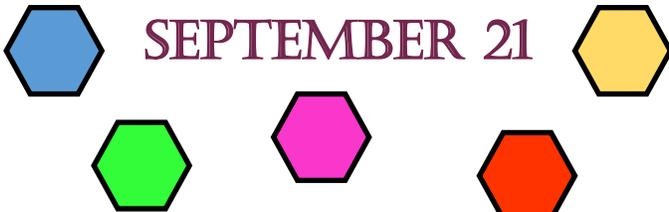
**For charity
September 7**



**EXTRA!
EXTRA!**

**BERNIE'S FINAL STEP FOR
HEXIE SEW ALONG**

SEPTEMBER 21



COMING YOUR WAY!

Quilt As you GO Placemats

October 19

More details to come!

FLORIDA REGISTER—FALL ISSUE is now available.

Contact Tena to get your copy!

Chapter Website: [https://
patchworkgarden.club](https://patchworkgarden.club)

2021 Charity Quilt

QGOTV Showcase of Quilts

The 2021 Showcase of Quilts has been cancelled, but the Charity Quilt will still be raffled off and proceeds will be given to two charities Florida Sheriffs Youth Ranches and Haven of Lake and Sumter Counties, Inc.

- * The quilt is titled "Postcards from The Villages" (based on the quilt pattern "Postcards from Sweden" by Kelly Liddle of Jeliquilts)

- * Measures 91" x 91"

- * Sewn by the Fenney Sewcialites Chapter

- * Quilted by Yvonne Wecker



Tickets are available – (12 tickets) for \$10.

To get your tickets: Send your check (made out to QGOTV) to

Penny Gibson

1677 Mystic Way

The Villages FL 32162

352-633-5565

rickygirltwo@yahoo.com

I'll put your name and phone number on the ticket stubs and turn them in for the drawing taking place on January 23, 2021.

The remainder of the ticket will be mailed back to you.

Please provide the address where you would like your tickets mailed.

Hopefully, someone in our chapter will win the quilt!!



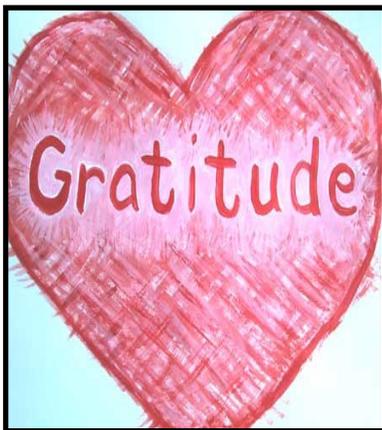
Back Porch Break

By Nancy Brummett

In Case You Didn't Know

Sometimes scientific research produces results that are amazing and sometimes the end result of all that time and money spent is simply Duh-mazing. The conclusion is so obvious any one of us could have arrived at it ourselves.

For example, friendship has been the topic many research studies over the past few decades. On Harvard study followed a class of graduates for 80 years to determine , amount other lifestyle factors, how friendships affected their well-being. Other friendship studies Google lists cover how long it takes to make a friend, what attracts one to another in friendship-building sort of way, how marriage partners often value their friendship over their sex life, and even how friendship can make the difference in later years in the fight against isolation and loneliness. This is wonderful. ell and good but didn't we know this before? Anyone with even one friend reaps benefits and knows the value of friendship. Do we really need scientists to tell us it's important?



Another topic of research? Gratitude. Studies show the grateful people are generally less depressed, less stressed and for the most part happier than people who fail to recognize all the many things in their lives for which to be thankful. Robert A. Emmons, Ph.D., wrote a book titled *Thanks, How practicing Gratitude Can Make You Happier*. In the book the author, who is editor-in-chief of the *Journal of Positive Psychology*—examines “what it means to think and feel gratefully and invites readers to learn how to put this powerful emotion into practice.” Scientifically speaking, Emmon states, “regular grateful thinking can increase happiness by as much as 25 percent” I read enough of this book to say the material is well-presented and interesting and I'm sure his study is empirically sound, but for the most part I already knew that. You?

And there is the study of kindness. A recent AP article on Kindness reported that a University of California Riverside psychology professor conducted numerous experiments over 20 years and “repeatedly found that people feel better when they are kind to others, even more than when they are kind to themselves.” Subject who went out of their way to do an extra three acts of kindness each week for others even small things like opening a door, “became happier and felt more connected to the world”. OK then. No surprises there!



As I read the results from all these studies I could not help but think our mothers were right. To make a friend to be a friend. Be thankful for what you have and express your gratitude to others. Treat people the way you want to be treated (the Golden Rule). In other words, find a friend be grateful for that friend, do something kind for a that friend....and be happy! No Scientific study required!



TEA TIME



Vice President Ruth Strocchia told all that if you have not joined and looked at the FaceBook group QGOTV Hot Summer Quilt Challenge posts, please do. The response to the challenge has been wonderful and the quilts are beautiful.

During the September 1st virtual Guild Meeting we will have a virtual showing of all the quilts. Anyone posting a picture of a qualifying quilt (or send a picture to qgotvVP@gmail.com) will be entered in a drawing which will be held during the meeting.

The winner will receive a Kaffe Fassett quilt kit.

On the same day we will begin a new event, **Tea Time Quilt Along**. Virtual visiting artist Carole Carter will kick off the event via FaceBook Live at 10:00 am. Sept. 1. Thereafter, she will post a new block each week, some paper-pieced, some traditional pieced, some applique. Carole has sent a welcome letter to those already signed up. If you are not a member of the 1 Executive Board Meeting August 18, 2020 FaceBook group, send an email to qgotvVP@gmail.com requesting to be put on the list and you will receive a copy of the letter. On August 25th the name of the FaceBook group will be changed to QGOTV Programs.

Question – What will the Tea Time posts be like? Vice President Ruth – September 1st at 10:00 am will be FaceBook Live only. After that it may be Posts or Zoom, she is not sure yet. Carole Carter has done this before on her Blog (which she has now taken down), so she is still deciding how she will present this.

Question – If we are members of the QGOTV Hot Summer Quilt Challenge FaceBook group do we need to send an email requesting to be a member of the QGOTV Programs FaceBook group? Vice President Ruth – No, hopefully any current member will remain a member when the name changes. Take a look around on the group page. The letter from Carole will be found under “files.”

Question – We have some members who don't wish to be on FaceBook, is there another way to participate? Vice President Ruth – No, perhaps another chapter member who is on FaceBook would share posted patterns.

Question – Is it kind of a “mystery quilt?” Vice President Ruth – Yes, sort of....

Question – Where can people get the book? Went on Amazon and only one was left. Vice President Ruth – You can use either version of the book, Cups and Saucers by Maaik Bakker. If you still cannot find it, send an email to Carole Carter and she can advise you.

Question – Can we copy the paper-pieced patterns for those who cannot find the book? Vice President Ruth – No, copyright laws forbid that.

Easy Mini Carmel Apple Cheesecakes

Ingredients:

- 1 cup graham crackers crumbs
- 2 tablespoons sugar
- 1/4 teaspoon ground cinnamon
- 3 tablespoons butter, melted

Cheesecake:

- 2– 8oz cream cheese, softened
- 1 teaspoon vanilla extract
- 2 large eggs room temp. lightly beaten

Topping:

- 1 large apple, peeled & finely chopped
- 1 tablespoon butter
- 1 tablespoon sugar
- 1/4 teaspoon ground cinnamon
- Dash of cloves
- 1/2 cup butterscotch-caramel ice cream topping

Directions:

1. Preheat over 350 degrees. Line 12 muffin cups with paper liners.
2. In small bowl mix cracker crumbs, sugar, and cinnamon; stir in melted butter. Spoon into cupcake liners. Press down with narrow glass or spoon.
3. In large bowl beat cream cheese and sugar until smooth. Beat in vanilla. Add eggs; beat on low speed just until blended. Pour over crusts.
4. Bake until centers are set, 15-18 minutes (do not overbake). Cool in pan on a wire rack 30 minutes.
5. Right before serving, in small skillet, cook and stir apple with butter, sugar, cinnamon and cloves over medium heat until tender, 4-5 minutes; stir in caramel topping. Spoon over cheesecakes. Refrigerate leftovers.



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YUMMY!





Bernie's Hexies

Supplies needed:

1 jelly roll (or 40 2 1/2" strips)

1 yard for outer boarder

3/4 yd for inner boarder

3/4 yard for binding

60 degree ruler

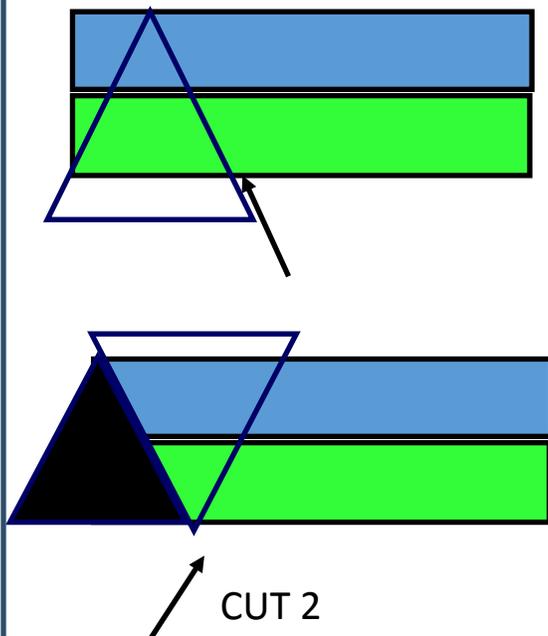
Ruler Tape



Step #1-

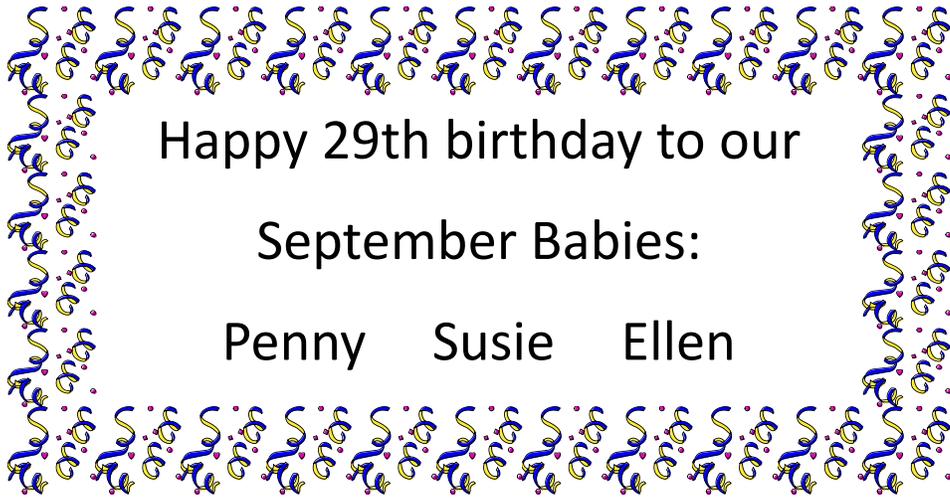
- ◆ A regular size jelly roll has 40-42 strips 2 1/2" wide. A junior jelly roll has 20 strips 2 1/2" wide.
- ◆ Look at your strips. Start to match strips in pairs that have a good contrast.
- ◆ Sew 2 strip together. For a regular jelly roll you will have 20 strip sets. For a junior jelly roll you will have 10 strip sets. Strip sets should equal 4 1/2" wide.
- ◆ Iron seams open.

Step #2 Cutting -



- ◆ Lay your strip on the cutting mat. Using your 60 degree ruler measure the width of your strip. Your strip should be 4 1/2" wide. (give or take) mark the ruler with tape or other marking tool at the bottom of your strip.
- ◆ Line the 60 degree ruler on the strip and make your 1st cut. From right to left. (if right handed)
- ◆ Leave you strip on the mat. Do not move the strip. Flip your ruler upside down so the point is pointing towards you. Cut from left to right. (if right handed)
- ◆ You will get 12 cuts per strip. (more but we only need 12)
- ◆ Pin your 12 triangles together for the next step.

STEP #2 August 3



Happy 29th birthday to our
 September Babies:
 Penny Susie Ellen



Social Distancing is
 2 yards away from
 one another



JOIN THE FUN ON OUR VERY OWN FACEBOOK PAGE!
PATCHWORK GARDEN QUILTERS TV

SHOUT OUT TO: Special Thanks -
 Executive board members for their tireless efforts to make us a great chapter!
 Ginnie for you tireless efforts to get us all signed onto ZOOM.
 Karen Smith for organizing the charity events. Beth for holding all the charity stuff in your house.
 Pam Pike for making Classes happen & tearlessly tracking down teachers for us.
 Thanks to our journalist in charge : Anne Marie Phillips.
 Together we all make up a great group to visit with each week!



Chapter Website: [https:// patchworkgarden.club](https://patchworkgarden.club)